

VVHA





VOICE

March, 2 💮 25

President's Message:

"March is a tomboy with tousled hair, a mischievous smile, mud on her shoes, and a laugh in her voice." — Hal Borland

March, we begin start to stick our heads out of our caves, think about losing some of those winter pounds we thought we needed to keep us insulated (*I am convinced all those holiday sweets and rich foods are really a survival technique*.)

In conjunction with getting out more, I recently read an article about what a great resource HOA Clubhouses can be for seniors. I know not everyone has the same interest; however, I think our clubhouse is under utilized. You as a community can decide what you would like, but to help here is a list of some of the suggestions the article mentioned: Social Gatherings, Hobby Groups, Educational Workshops, Volunteer Opportunities, Recreational Activities, Cultural Events, and Technology Help.

Spring Equinox this year will be on March 20, 04:01:09am. March 9 will again require resetting our clocks and "Spring Forward". Several Texas lawmakers have already filed legislation ahead of the 89th Legislative Session, which began on January 14, 2025, to end Daylight Savings Time in Texas. In the Texas Senate, State Sen. Mayes Middleton (R-Galveston) filed Senate Bill 692. In the Texas House, State Reps. Briscoe Cain (R-Deer Park) and Pat Curry (R-Waco) filed companion bills, House Bill 1733 and House Bill 1736, respectively.

Goodbye, February. Feel free to take Winter with you on your way out!

COMMITTEE COMMUNICATIONS

CLUBHOUSE DECORATING COMMITTEE:

Current theme for the clubhouse is Mardi Gras.

ARCHITECTURAL CONTROL COMMITTEE:

A reminder from the Committee on ACC rules that apply to side and back yards.

Article II,

Section 4, <u>3. For landscaping.</u> The name of the contractor. A plan showing location and type of botanical planting including grass, shrubs, trees, rock, or any material planned for initial landscape; a plan showing any desired changes to original landscaping, including elevation. *This covenant pertains to Front, Approved Lawns, and Back Lawns.*

<u>Section 14.</u> Walls, Fences and Hedges. *No side or rear fence*, wall or hedge shall be more than six (6) feet in height, however, may exceed six (6) feet in height on a Lot or adjacent Lots if approved by the ACC when considering safety, environmental, or aesthetic factors. No wire or chain link fence type of construction will be permitted on any Lot. Any wall, fence, or hedge erected on a Lot by the builders or their assigns, shall pass in ownership with title to the Lot.

Section 24. Trees that interfere with foot or vehicular traffic. A homeowner is responsible to keep their trees trimmed so that there are no limbs or branches less than 10 (ten) feet above a Sidewalk or less than 14 (fourteen) feet above a street. In addition, *front and side yards* must have all tree limbs above seven (7) feet from the ground (to allow lawn maintenance free of limitation). Dead limbs must be removed, for safety reasons.

COMMON AREA AND GARDENING COMMITTEE:

Refurbishing our Vicksburg Village outdoor signage will be a Spring project for the Common Area and Gardening Committee. Anyone wanting to help please contact Kimberly Marks at kmarks@marksdesign.com.

March Highlights

Texas Historical March Events

March 2, **1793**: Sam Houston is born in Virginia.

March 2, 1836: The Texas Declaration of Independence is signed at the Convention of 1836 at Washington-on-the-Brazos.

March 6, 1836: Colonel William B. Travis and the Alamo defenders are overwhelmed by Santa Anna and his Mexican troops.

March 27, 1836: Colonel James Fannin and more than 400 Texians are, under orders of Santa Anna, massacred at Goliad.

March 5, 1842: For the first time since the Revolution, Texas is invaded by Mexican forces—in this particular case, by 700 soldiers, led by the General Rafael Vasquez, who briefly occupied San Antonio.

March 25, 1843: Seventeen members of the Mier Expedition, a remnant of a failed raid into Mexico, are executed in the Mexican town of Salado in what will come to be known as the <u>Black Bean Episode</u>. Notable survivors include famed Texas Rangers Bigfoot Wallace and Samuel Walker.

March 2, 1861: Texas, after seceding from the United States of America against then Governor Sam Houston's wishes, joins the Confederate States of America.

March 30, 1870: The United States Congress readmits Texas into the Union.

March 23, 1893: The Fort Worth Stockyards are incorporated.

March 6, 1905: <u>Bob Wills</u> is born on a farm in Limestone County.

March 26, 1918: Texas women win the right to vote in primary elections.

March 1, 1962: NASA opens the Manned Spacecraft Center in Houston

National Historical March Events

March 1, 1781 - Formal ratification of the <u>Articles of Confederation</u> was announced by Congress. Under the Articles, Congress was the sole governing body of the new American national government, consisting of the 13 original states. The Articles remained in effect through the <u>Revolutionary War</u> until 1789, when the current U.S. Constitution was adopted.

March 1, 1961 - President John F. Kennedy established the Peace Corps, an organization sending young American volunteers to developing countries to assist with health care, education and other basic human needs.

March 5, 1770 - The <u>Boston Massacre</u> occurred as a group of rowdy Americans harassed British soldiers who then opened fire, killing five and injuring six. The first man killed was Crispus Attucks, an African American. British Captain Thomas Preston and eight of his men were arrested and charged with murder.

March 23, 1775 - Patrick Henry ignited the American Revolution with a **speech** before the Virginia convention in Richmond, stating, "I know not what course others may take; but as for me, give me liberty, or give me death!"

March 28, 1979 - Near Harrisburg, Pennsylvania, the Three Mile Island nuclear power plant accident occurred in which uranium in the reactor core overheated due to the failure of a cooling valve causing catastrophic nuclear meltdown.

World Historical March Events

March 15, 44 BCE: The Ides Of March Julius Caesar, was murdered on this day as a part of a conspiracy led by some of his closest friends, including Cassius and Brutus

March 26, 1806: Benito Juarez becomes the President of Mexico.

March 30, 1856: Treaty of Paris Signed The Crimean war, between Russia and the combined force of France, Great Britain, Sardinia, as well as Turkey, ceased due to the 'Treaty of Paris',



Mar 9: National Barbie Day

Mar 14: National Pi Day

Mar 15: Ides Of March

Mar 12: National Girl Scout Day

Mar 19: Certified Nurses Day

Mar 20: Spring Equinox

Mar 21: World Down Syndrome Day

Mar 23: National Puppy Day

Mar 25: National Medal of Honor Day

Mar 27: International Whiskey Day

Mar 29: National Mom & Pop Business Day

Mar 30: National Doctors Day

Mar 31: World Backup Day

Every Thursday evening at 5 pm, the Widows (and single ladies) of Vicksburg meet at different restaurants in town for a lovely dinner. Great way to meet your neighbors, and not have to cook, and eat alone!

For more information contact Mary Ellen Terry

Office Hours: Monday & Wednesday 8am-2pm Tuesday & Thursday 12pm-4pm. Ph. 830-257-2442

NOTE: Office will closed March 10-13 due to Spring Break.

<u>Vicksburg Village Website</u>: Please visit our website at <u>vicksburgvillage.net</u> We are very happy with everything that Dean Seals has done for us and appreciate all his work. You will find lots of helpful tools on the site, such as architectural control committee request forms and much more! If you have any suggestions for new content, please let us know. We want to make this website a useful tool for all our residents.

Bunco Group: Third Wednesday of each month. If you are interested in joining the group or would like to substitute, please call Mell Whiting (443-243-6934). We are always in need of permanent players and substitutes.

<u>Artist of the month</u>: There is a signup sheet on the credenza for the "Artist of the month." We enjoy seeing the artistic talents of our residents. The artists this month is **Wanda Cook.**

Wall Hanging of the month: Each month, a member of the Quilt Bee provides a wall for the Clubhouse. Stop by and enjoy this month's wall hanging by **Peggy Mccullough.** If you are a quilter, we encourage you to show your quilting. Call Gwen Myers 830-832-8472 to add your name to the list on the credenza and include it in the monthly Newsletter. Join us at the Quilt Bee on 1st and 3rd Mondays at 1:00 in the Clubhouse. All levels of quilting skills are welcome.



George's Korner – Jeopardy Style (Questions on last page)

1960s TV History

1. The 1967 final of *The Fugitive* drew in 78 million viewers, surpassing the 73 million who tuned into this show Sunday, Feb. 9 1964.

American Colleges and Universities

- 2. Founded in 1853, Washington University isn't in D.C. or Washington State but this city on the Mississippi River.
- 3. The 1862 Morrill Act gave states Federal acreage to sell for school funds, leading to the creation of 69 of these.

Time to go Green

4. A Rhododendron is usually this type of plant and a pine this type of tree.

Novelist

5. In a 1952 novel, he wrote "But there were dry years too, and they put a terror on the valley The water came in a thirty-year cycle."

Mahjong: The most exciting way to prevent dementia and boost your brain

By Amy Chodroff

From: Study Finds Webpage

Looking for a game that exercises your mind, feeds your social life, and brings a unique twist to game night? American Mahjong could be the perfect fit! Combining strategy, pattern recognition, and an element of luck, Mahjong has a long history and a fresh, modern appeal.

The Mental Benefits of Mahjong

Unlike many games that rely on pure chance, Mahjong requires strategic thinking, memory, and adaptability. A recent scoping review published in *The Journal of Prevention of Alzheimer's Disease* in 2024 confirms that playing Mahjong offers substantial cognitive and social benefits for older adults. Analyzing data from multiple studies, the review found that regular Mahjong players demonstrate improved memory, cognitive flexibility, and slower rates of cognitive decline. The findings suggest that Mahjong, especially when played consistently, could be protective against cognitive impairments like dementia. Additionally, the social aspect of the game offers further mental health benefits by reducing feelings of loneliness.

Mahjong has also been shown to reduce symptoms of depression. A <u>recent study</u> shows that regularly playing Mahjong was linked to reduced depression rates among middle-aged and older Chinese adults, according to researchers at the University of Georgia. Based on these findings, playing Mahjong is a great way for you to <u>keep your brain engaged</u>, strong, and happy.

Activities

Event	Day	Time	Contact	
Bunco	3rd Wednesday	6:30PM	Mell Whiting 443-243-6934	
Canasta- Pennies from Heaven	Friday	1:00PM	Gloria Valentine 830-955-5267	
Canasta–Pennies from Heaven	Thursday	1:00PM	Carolyn Brooks 830-955-5408	
Happy Hour	Friday	5:00PM	Putt Shaw 830-285-8110	
Mahjong	Tuesday, Sunday	2:00PM	Carolyn Wilkinson 210-422-7821	
Men's Coffee	M, T, Th, F	8:30AM	Mike Michalec 830-739-8640	
Poker Night	Every Other Tuesday	5:00PM	Barney "B.B."Mays 830-955-9012	
Quilt Bee	1st and 3rdMonday	1:00PM	Gwen Myers 830-832-8472	
Nine-Ball Pool	Thursday	9:30AM	Steve Lehman 830-739-5990	
Eight - Ball Pool	Friday	7:30AM	Steve Lehman 830-739-5990	
Water Exercise	M, W, F	7:00AM	Betty Aronsen 830-896-2187	
Water Exercise	T, Th, Sat	10:00AM	Mary Lou Bartels 830-257-8066	
Wednesday Coffee	Wednesday	9-ish AM	Office 830-257-2442	
Euchre	Thursday	12:00PM	Sharon Nole 214-929-0018	
Clubhouse Cleaning	Monday	2:00-5:00 PM		

Committees

Architectural Control	Bereavement	Budget & Finance	CC&Rs By Laws & Rules	Clubhouse Decorating	Common Area Gardening
Christine Klima	Annie Snellgrove	Sitting President Sitting Treasurer	Sitting President	Sharon Preston	Kim Marks
Cynthia Wallace	Susan Jansen	Kim Marks	Kim Marks	Anne Snellgrove	Cindy Wallace
Lee Wright	Mary Etheridge	Larry Stamps	Cindy Breen	Sharon Nole	Jan Parten
Bonnie Flory	Ruth Maples	Jan Parten	Andy Starck	Betsy Flett	
Gary Williams	Sherrill Hutson			Cindy Seals	
Sharon Nole	Mary Staudt			Mary Staudt	
Dean Reynolds	Babs Morgan				
	Carolyn Brooks				
	Clubhouse	Elections	General	Welcome	Technology
	Maintenance &		Maintenance		
	Supplies				
	Dean Seals	Mary Ellen Terry	Tom Johnson	Laurie Sheets	Tom Johnosn
	Tom Johnson	Betty Aronsen	Tim Sheets	Kandi Stimson	Steve Lehman
		Mell Whiting		Mary Flett	Dean Seals
		George Scheirton			
		Putt Shaw			
		Bonnie Flory			
		Sharon Nole			
		Anne Snellgrove			

SPRING TIME IN

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Board of Directors

Tom Johnson: President

Tim Sheets: Vice -President

Secretary: Jan Parten

Treasurer: Cindy Breen

Gwen Myers: At Large

Larry Stamps: At Large

Dean Seals: At Large

Questions

- 1. What is the Ed Sullivan Show?
- 2. What is St. Louis?
- 3. What are Grant Colleges and Institutions?

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- 4. What is evergreen?
- 5. Who is John Steinbeck?